

Instructions for Use

REF	Description
LIV08	8 Fr
LIV10	10 Fr
LIV12	12 Fr
LIV14	14 Fr

INDICATIONS FOR USE

The Liv™ Pre-lubricated Intermittent Catheter is a device that is inserted through the urethra by female patients to drain urine from the bladder.

CONTRAINDICATIONS

- None known.

WARNINGS

- Do not use the catheter if the introducer tip comes off when removing the cap. This may increase the risk of urinary tract infection (UTI), as the tip is designed to protect the catheter from potential pathogens.
- Do not re-sterilize any portion of this device.
- Do not reuse. Single use only.
- Any serious incident that occurs in relation to the device should be reported to the manufacturer.
- If discomfort or any signs of trauma occur, discontinue use immediately and consult a healthcare professional.

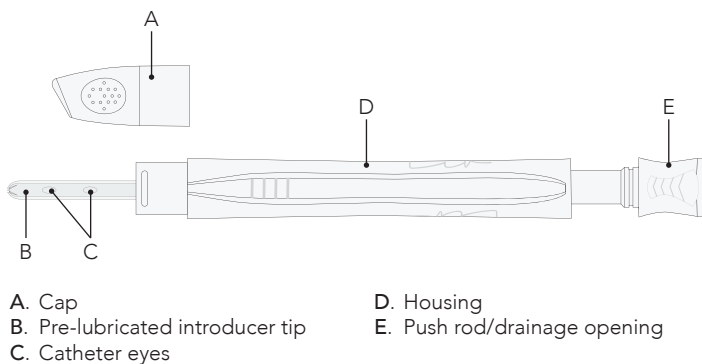
PRECAUTIONS

- Do not use the product if the packaging is opened, damaged, or defective.

ADVERSE REACTIONS

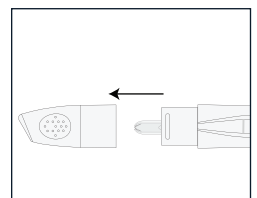
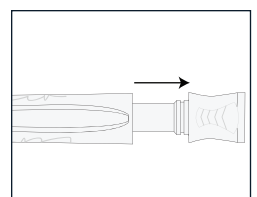
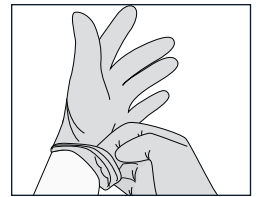
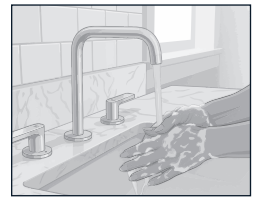
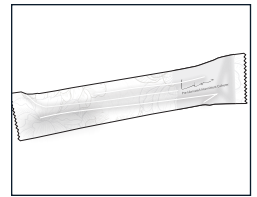
None known.

CATHETER COMPONENTS



STEP-BY-STEP INSTRUCTIONS

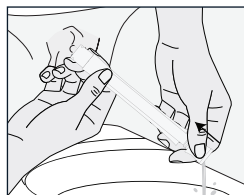
1. Gather catheterization supplies as advised by your healthcare professional.
2. Perform hand hygiene (wash hands or use an alcohol-based rub) as advised by your healthcare professional.
3. Put on gloves, if applicable.
4. Position yourself for catheterization and remove clothing, as necessary, to access the genitalia.
5. Clean the urethral opening (meatus) and the surrounding area, as advised by your healthcare professional.
6. Remove the catheter from the packaging by gently pulling downward from the zigzag edge located at either end of the pouch.
7. Prepare the catheter:
 - Gently pull the push rod from the catheter housing until the catheter engages.
IMPORTANT: Do not forcefully pull the push rod. If the push rod is removed from the catheter housing, discard the entire product and get another.
 - Remove the cap to expose the introducer tip.
IMPORTANT: Ensure the catheter tube is inside the introducer tip and not extended past the opening. If the catheter is extended, discard the entire product and get another. Do not attempt to insert the catheter without the introducer tip. Also, be careful not to touch the introducer tip with your fingers or any surfaces; doing so will compromise sterility.



8. Using the non-dominant hand, hold the inner labia apart. With the dominant hand, insert the introducer tip into the meatal opening. Continue holding the catheter with the dominant hand.



9. Release the genitalia and use the non-dominant hand to grasp the sides of the push rod—be careful not to cover the drainage opening on the bottom of the push rod. Then, gently push the rod to advance the catheter into the urethra. Continue advancing until the catheter reaches the bladder and urine begins to flow.



10. When the urine drainage is complete, slowly and gently withdraw the introducer tip and the catheter from the urethra.



11. Dispose of the catheter and any supplies in a waste receptacle or per facility procedure for clinical use.



12. Perform hand hygiene (wash hands or use an alcohol-based rub).



STORAGE

Store products in a dry, clean place at room temperature.



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Made in CN LBL-0162-EN Rev. 0 (08/2026)