

Materials Chosen With Your Safety in Mind

All TruCath Oasis catheters are **not made with natural rubber latex, DEHP, BPA, or other phthalates**—reducing allergy risks and chemical exposure.

No-touch Handling and Protection

The TruProtect® grip promotes good technique by minimizing contact with the catheter tube. Its large, angled, oblong design prevents rolling on sterile surfaces, **lowers contamination risk, and supports controlled, hygienic insertion.**

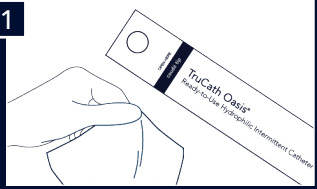


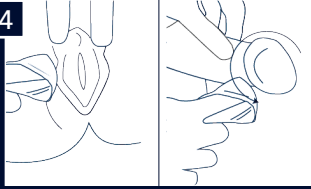
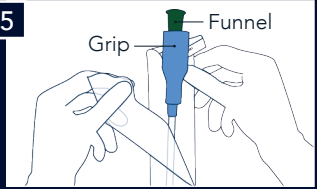
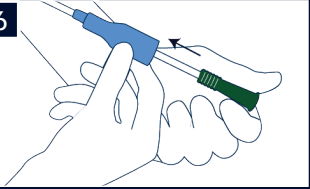
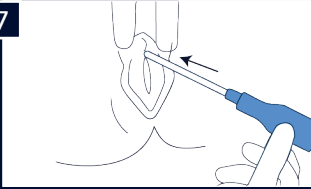
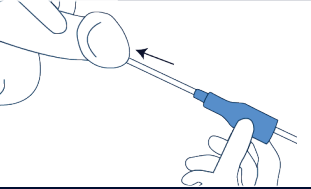
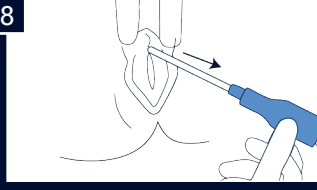
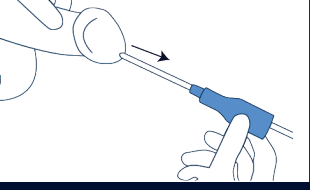

Hydrophilic Technology for Comfortable Use

The hydrophilic coating on the catheter helps create a smooth, low-friction surface to maximize comfort during insertion and removal. The coating is bonded to the catheter surface to provide **a consistently silky, lubricious feel** along the length of the catheter.

Eyelets (small drainage holes near the tip) let urine flow from your bladder into the catheter. They are heat-polished to create a seamless surface.

HOW-TO GUIDE

Self-Catheterization with TruCath Oasis

PREPARATION	 <p>1 Assemble equipment. Inspect packages. Discard and replace if any package is damaged.</p>	 <p>2 Perform hand hygiene (wash hands or use an alcohol-based hand rub).</p>	 <p>3 Identify a comfortable position.</p>	 <p>4 Wash genitals with soap and water, antibacterial soap, or nonalcoholic wet wipes if first catheterization of the day or after a bowel movement.</p>
	 <p>5 Open the package and expose the funnel.</p>	 <p>6 Holding the funnel, slide the TruProtect Grip along the catheter towards the tip.</p>	 <p>7 Carefully insert the catheter into the urethral orifice.* Advance the catheter towards the bladder. Stop advancing when urine starts to flow.</p>	
	 <p>8 When urine stops flowing, begin to withdraw the catheter. Slowly rotate the catheter during withdrawal, stopping each time urine begins to flow until the bladder is empty. Remove the catheter from the urethra.</p>	 <p>9 Dispose of used equipment and packaging.</p>	 <p>10 Perform hand hygiene (wash hands or use an alcohol-based hand rub).</p>	
	<p>WITHDRAWAL</p>			

*Coudé Tip Catheters

Before insertion, ensure the curved tip angle is facing upwards. For guidance, use the raised line/ridge on the catheter funnel and blue line on the catheter tube to orient the catheter in an upward position. Always defer to the tip angle for positioning.

A Catheter That Is Ready When You Are

TruCath Oasis® Ready-to-Use Hydrophilic Catheters are designed to provide a **convenient, comfortable option** for intermittent catheterization in daily life. The catheter is ready to use right out of the package—no separate lubricant or coating activation steps needed, helping reduce preparation and mess.

Easy-open packaging with a **ring-pull design** and an **adhesive tab** makes it simple to open, hang, and position the catheter where it is needed.



Getting Your Supplies to Your Door

HR HealthCare Patient Services brings together HR HealthCare products with supply services for a smoother, more personalized experience. We manage and guide the coverage process, provide product consultation, and handle supply management to support your intermittent catheterization needs.

Patient Services Support Includes:

- Management of supply coverage—insurances and plans.
- Intermittent catheterization basics, product selection, best practices, routine use guidance, and UTI risk minimization protocols.
- Ordering, deliveries, tracking, and reorders to ensure you have products when needed.

To learn more about TruCath Oasis Ready-to-Use Hydrophilic Catheters or receive support with your supplies, contact HR HealthCare:

Customer Care: 800.985.9048 | customer care@hrhealthcare.com

Patient Services: 877.424.2562 | patient services@hrhealthcare.com



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