

EZ-Protect®

Hydrophilic Closed System Intermittent Catheter

en

Instructions for Use

INDICATIONS FOR USE

The EZ-Protect® Hydrophilic Closed System Intermittent Catheter is intended to drain urine from the bladder.

CONTRAINDICATIONS

None Known.

WARNINGS

- Do not use the catheter if the introducer tip is removed when removing the cap, urinary tract infection (UTI) risk could be heightened as the tip is designed to protect the catheter from potential pathogens.
- Do not re-sterilize any portion of this device. Single use only.

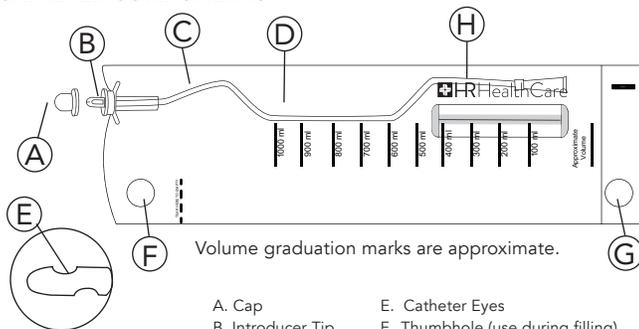
PRECAUTIONS

- Do not use the product if the packaging is opened, damaged, or defective.

ADVERSE REACTIONS

- Bleeding in the urethra
- Catheter-associated urinary tract infection
- Urethral injuries and inflammation

CATHETER COMPONENTS



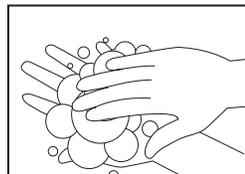
- | | |
|-------------------|-----------------------------------|
| A. Cap | E. Catheter Eyes |
| B. Introducer Tip | F. Thumbhole (use during filling) |
| C. Housing | G. Thumbhole (use for emptying) |
| D. Catheter Tube | H. Water Pouch/Sachet |

STEP-BY-STEP INSTRUCTIONS

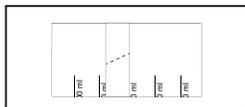
MALE INSTRUCTIONS

(see reverse for female instructions)

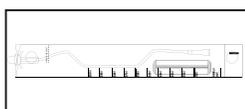
1. Wash hands. Open the package and remove the contents — do not unfold the catheter. Put on gloves, and use an underpad, if necessary.



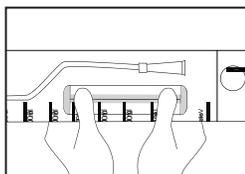
2. Remove the perforated paper band on the catheter by sliding it off or tearing it.



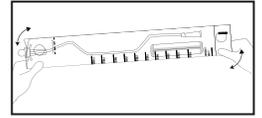
- Unfold the catheter as shown.



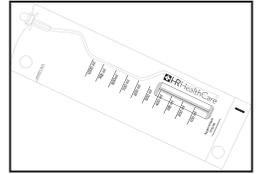
3. Release the water from the water pouch/sachet by applying pressure with the hand(s) and sliding to open the seal or fold and squeeze the pouch/sachet until it opens. Allow the water to flow out.



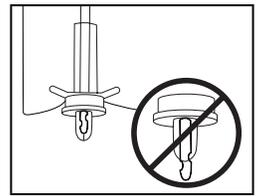
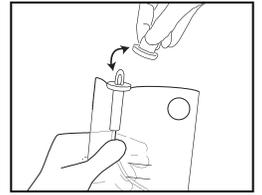
4. Manually distribute the water (use a rocking motion, as necessary) to ensure that the entire catheter is saturated with water. Wait 15 seconds to activate the hydrophilic coating.



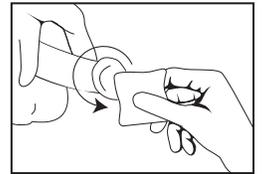
5. Finish unfolding the collection bag so it is completely flat with no folds.



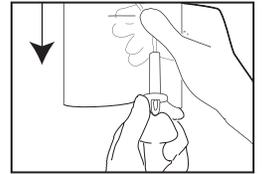
6. Remove the cap from the introducer tip. Ensure the catheter tube is inside the introducer tip but not extended through the opening of the tip. **IMPORTANT:** When removing the cap, gently pry the cap away from the introducer tip, as this can cause the introducer tip to be removed from the bag. Ensure that the introducer tip is intact after cap removal and still attached to the bag. If you remove the introducer tip during cap removal, discard the entire product and get another. Do not attempt to insert the catheter without the introducer tip attached to the bag. Also, be careful not to touch the introducer tip with your fingers; doing so will compromise sterility.



7. Clean the urethral opening (meatus) and the surrounding area.



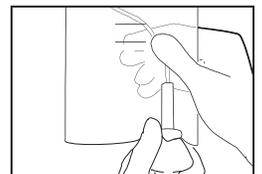
8. Using the non-dominant hand, hold the penis just below the glans (head). With the dominant hand, insert the introducer tip and catheter into the meatal opening. Then, hold the catheter securely in place with the non-dominant hand.



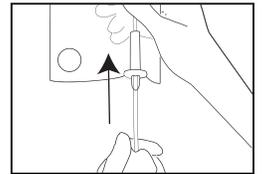
9. Using the dominant hand, grasp the catheter tube through the bag an inch (1") below the housing and begin advancing the catheter into the urethra at 1" to 1.5" intervals.



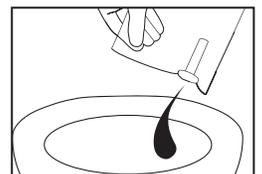
10. Continue advancing until the catheter reaches the bladder and urine begins to flow. Allow the urine to flow until the bladder is empty or the bag is full.



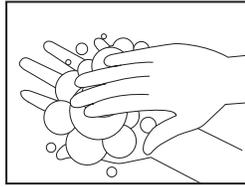
11. When the urine drainage is complete, slowly and gently withdraw the introducer tip and the catheter from the urethra.



12. To empty the bag, tear the bag open where it says, "TEAR HERE TO EMPTY." Tear downwards for best results. Urine can also be disposed of directly from the introducer tip — simply use the thumbhole at the bottom of the bag to position the bag for urine to flow out of the tip. Pour the urine into the toilet.



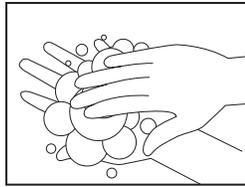
13. Dispose of the catheter, bag, and contents using normal, acceptable clinical practice.



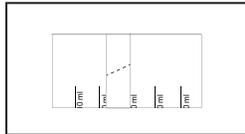
14. Wash hands after completion.

FEMALE INSTRUCTIONS

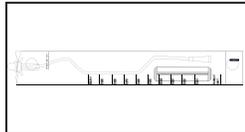
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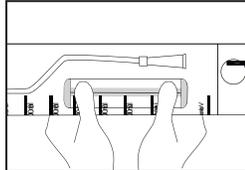
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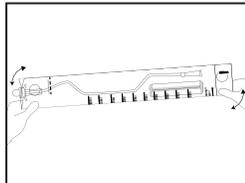
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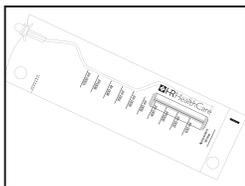
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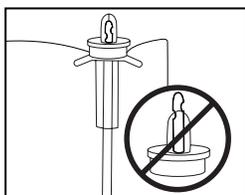
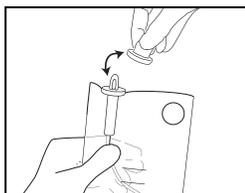
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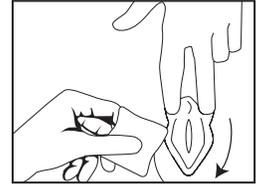
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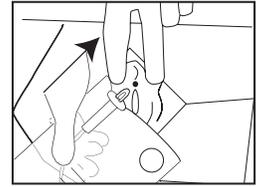
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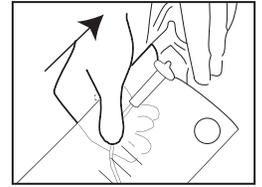
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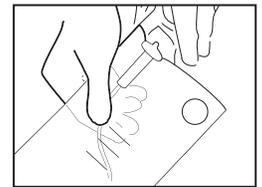
8. Using the non-dominant hand, hold the inner labia apart. With the dominant hand, insert the introducer tip and the catheter into the meatal opening. Then, hold the catheter securely in place with the non-dominant hand.



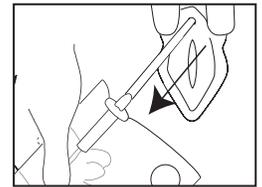
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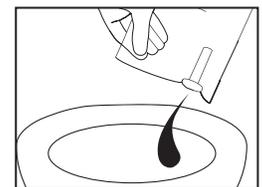
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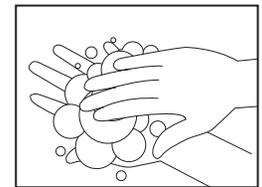
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13. Dispose of the catheter, bag, and contents using normal, acceptable clinical practice.



14. Wash hands after completion.

STERILE R Water Pouch/Sachet

STERILE EO Catheter and Kit Components



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