

TruCath®

Red Rubber Intermittent Urethral Catheter

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Instructions for Use

INDICATION FOR USE

The TruCath® Red Rubber Intermittent Urethral Catheter is intended for use in the drainage of fluid from the urinary tract.

WARNINGS

- Do not use petroleum-based ointments or lubricants on the catheter — they will damage latex.
- After use, this product may be a potential biohazard.
- Handle and dispose of in accordance with applicable local, state, and federal laws and regulations.

PRECAUTIONS

- This product contains natural rubber latex which may cause allergic reactions.
- Reuse may result in infections and allergic reactions.
- Sterile unless package has been opened or damaged.
- Do not aspirate urine through the drainage funnel wall.
- For urological use only.
- Avoid freezing and excessive heat.

STEP-BY-STEP INSTRUCTIONS

Use aseptic technique to remove the catheter from the package.

1. Inspect the catheter before use. Do not use the product if the device or packaging is damaged. Connect the catheter to a urine bag or other collecting device if needed.

2. **Male** - Lift the penis with one hand to straighten the urethra. Use the other hand to insert the catheter into the urethra approximately 2 cm at a time.

Female - Part the labia with one hand to expose the urethral orifice. Use the other hand to insert the catheter gently into the urethra, approximately 2 cm at a time.

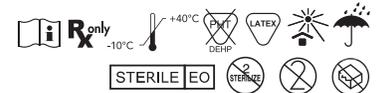
Continue to insert the catheter into the urethra until urine starts to flow.

3. When the urine stops flowing, ease out the catheter 2 to 3 cm. If the flow of urine restarts, wait a few seconds before easing out the catheter another 1 to 2 cm. When the bladder is completely empty, slowly remove the catheter.

The product is intended for single use only and should be disposed of per local guidance of infectious waste disposal.

STORAGE CONDITIONS

- Dry, ventilation, avoid light, avoid over-cooling and over-heating storage and transportation.
- Before use, the catheter should be stored in the original packaging bag.



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