

Eagle Board®

Adaptive Self-Catheterization Board

en

Instruction Manual

For use with EZ-Gripper® Closed System Intermittent Catheters.

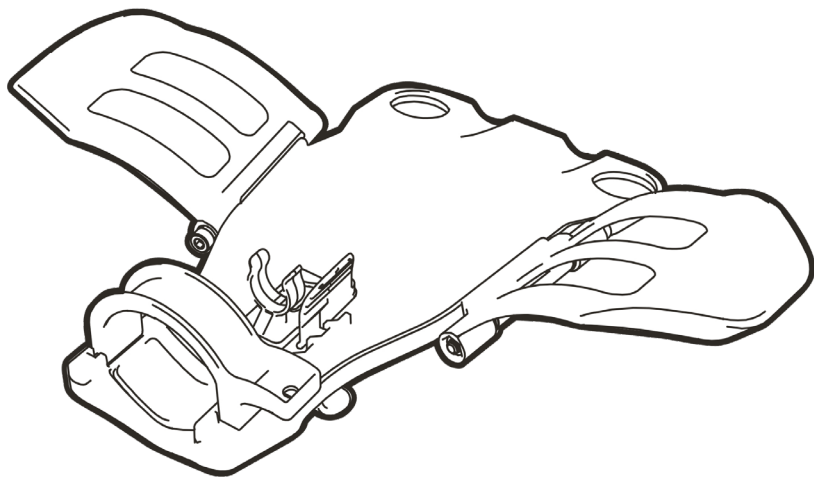


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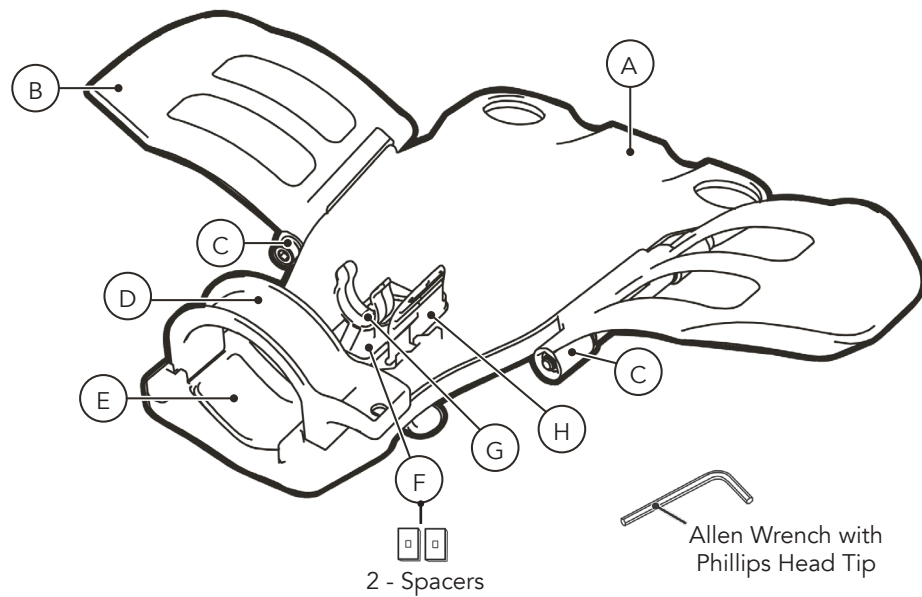
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KIT COMPONENTS

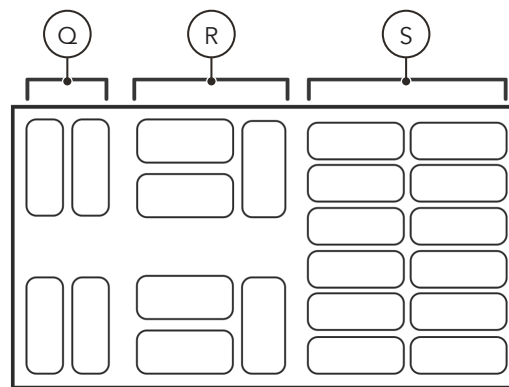
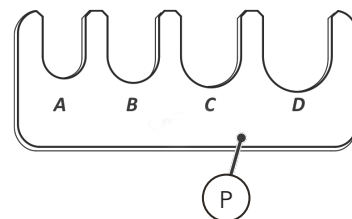
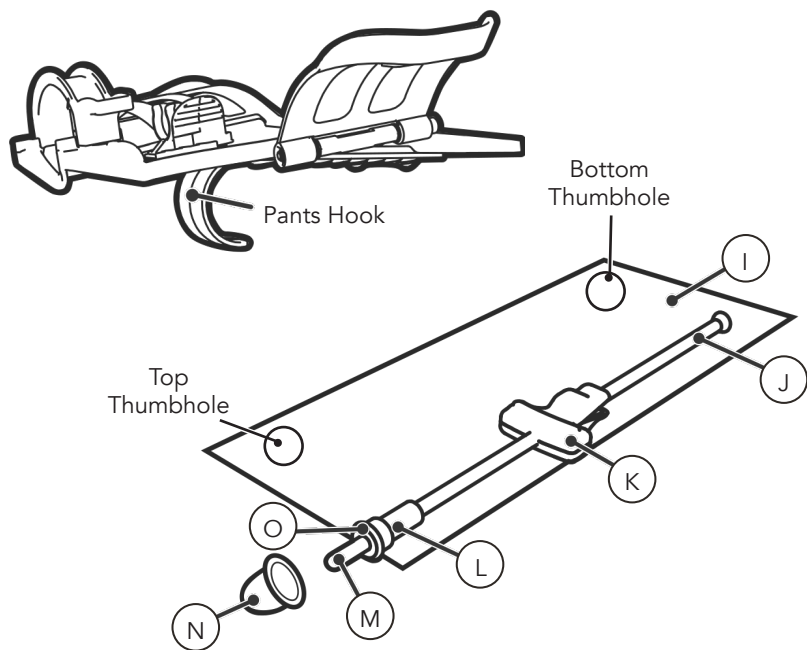


A. Eagle Board
B. Wings

C. Wing Bolt
D. Lever

E. Cup
F. Spacers

G. Housing Clip
H. Slide Release



I. Catheter Bag
J. EZ-Gripper®
Urinary Catheter

K. Gripper Handle
L. Housing

M. Introducer Tip
N. Cap

O. Tip Flange
P. Penis Sizing Guide

Q. Wing Pads
R. Cup Pads
S. Lever Pads

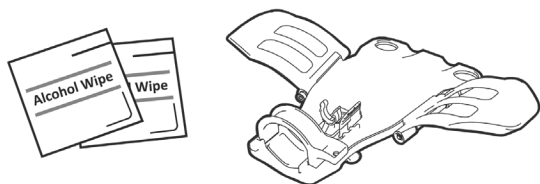
CLEANING INSTRUCTIONS

• PERSONAL USE

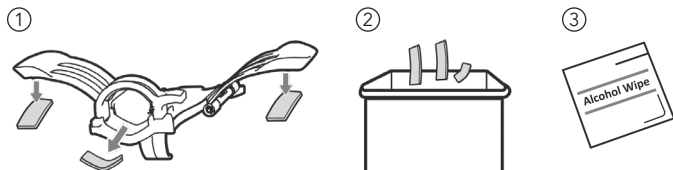
Before the first use of the Eagle Board and after each use, wash all surfaces of the board thoroughly with soap and water and towel dry.

• CLINICAL USE

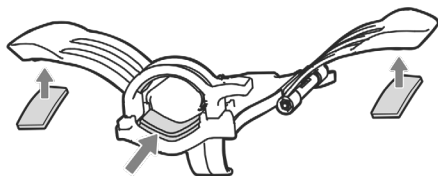
Before the first use of the Eagle Board, wipe all board surfaces with an alcohol pad and let air dry.



After each use by a different person, remove the foam pads and dispose of them in an appropriate waste container. Wipe all board surfaces with an alcohol pad and let air dry.



Replace the used foam pads with new foam pads in preparation for the next person.

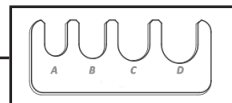


INITIAL SET UP (PAGES 4-7)

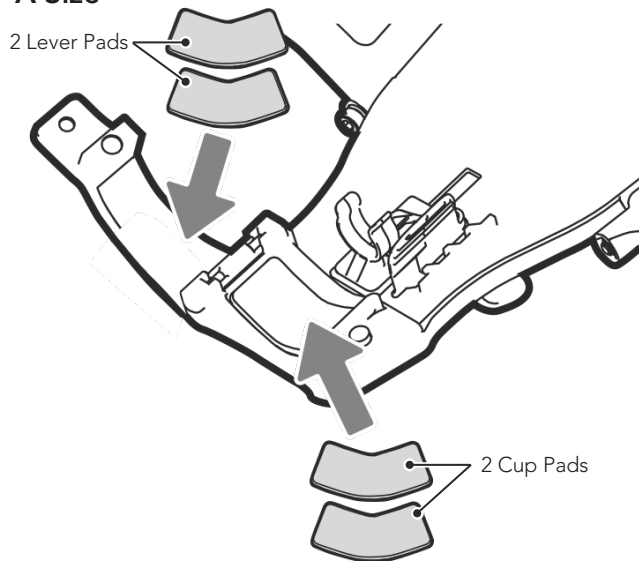
Before use, clean per instructions on page 3. During the initial setup of the Eagle Board, proper training may be necessary from a caregiver, healthcare provider, occupational therapist, or nurse assistant.

• LEVER AND CUP PAD PLACEMENT

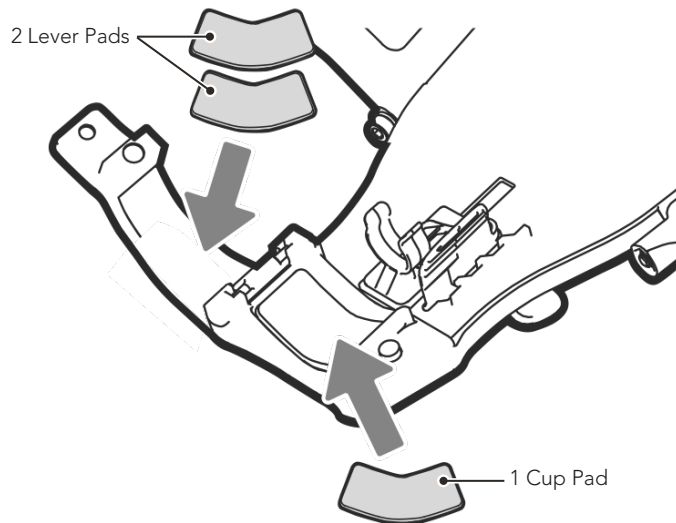
Reference Penis Sizing Guide to determine size and padding requirements. Then, apply pad(s) as shown in the illustration.



A Size

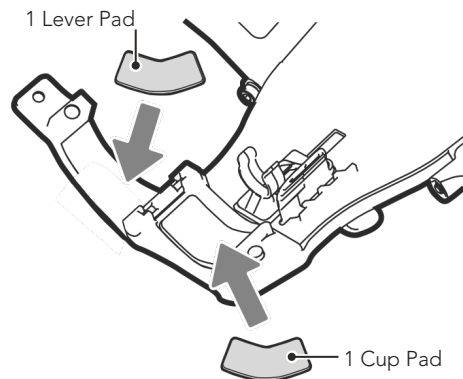


B Size

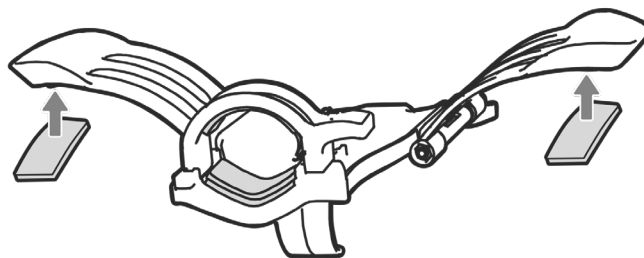
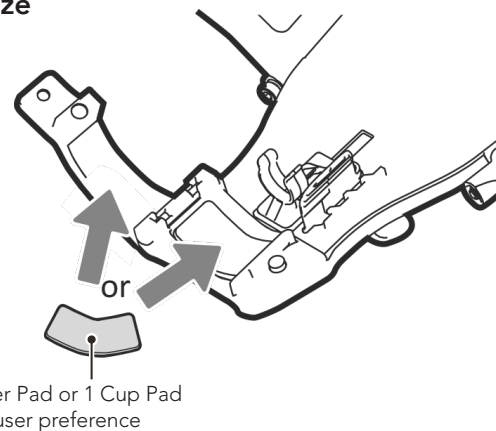


See next page for sizes C and D.

C Size



D Size



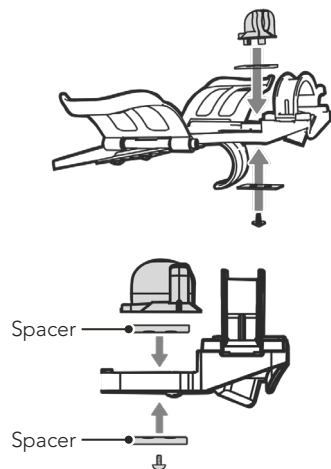
Attach Wing Pads (all sizes)

INITIAL SET UP - CONTINUED

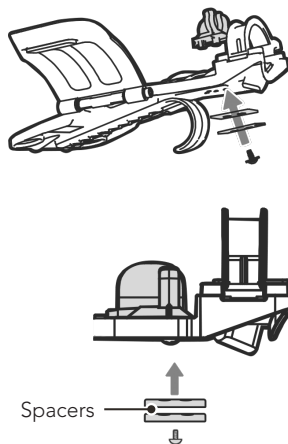
• HOUSING CLIP HEIGHT ADJUSTMENT

Use spacers to adjust the height of the Housing Clip, as necessary. The Introducer Tip of the EZ-Gripper catheter should line up with the meatal opening of the penis (as shown on page 10, step 6).

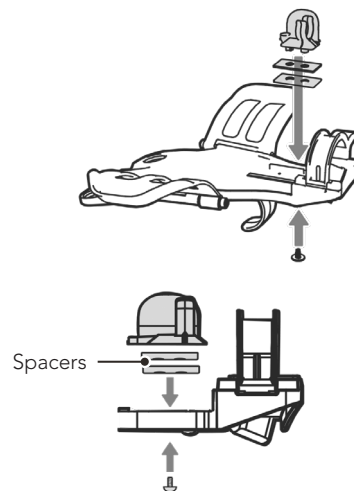
Standard Position (supplied as shown)



To lower, move the spacers below the board (the underside).



To raise, move the spacers above the board (top).

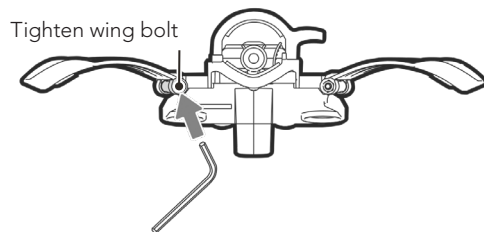


INITIAL SET UP - CONTINUED

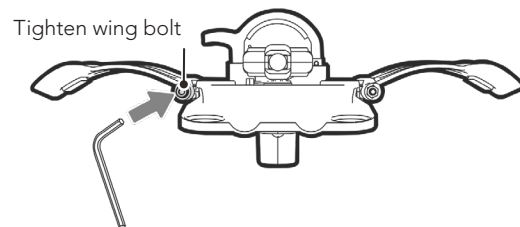
• WING ADJUSTMENT

Use the Allen wrench to tighten or loosen the wing bolts as needed. Note that tighter bolts will cause the wings to hold their position better if a specific angle is needed.

Front



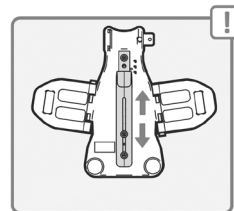
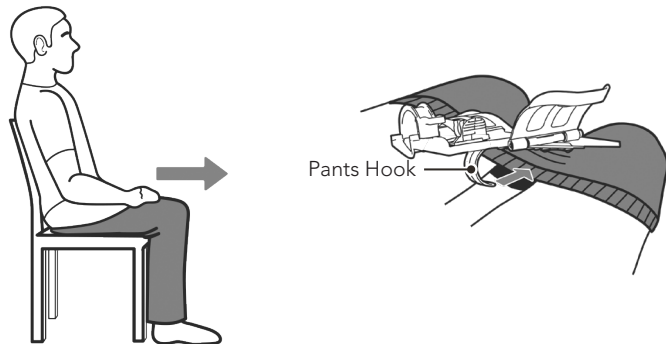
Back



STEP-BY-STEP INSTRUCTIONS (PAGES 8-12)

⚠ Use on intact skin only.

- 1 Remove pants or use the Pants Hook to help remove pants. Adjust the Pants Hook, as needed using the Allen Wrench with Phillips Head (provided) or a Phillips head screwdriver.

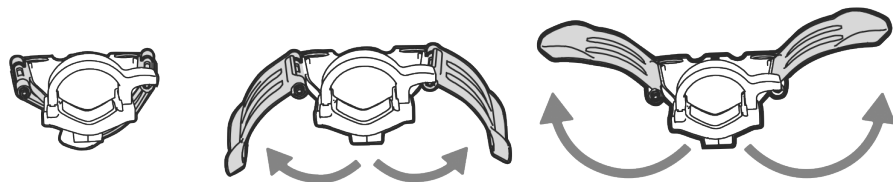


Pants Hook adjustment

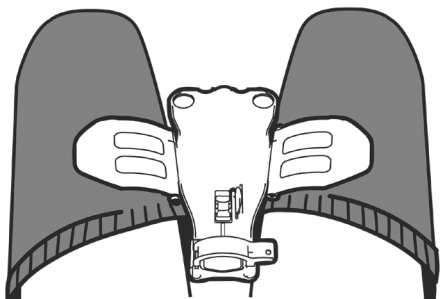


Allen Wrench with
Phillips Head

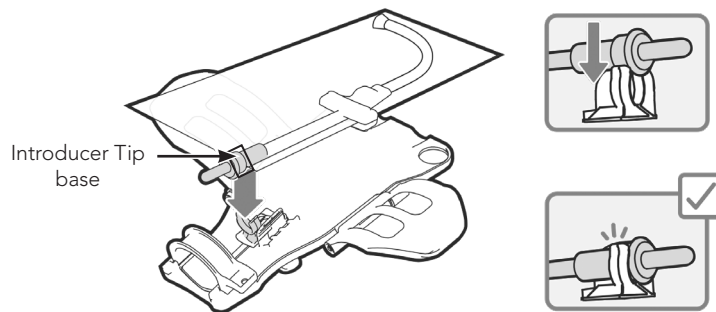
- 2 Open Wings



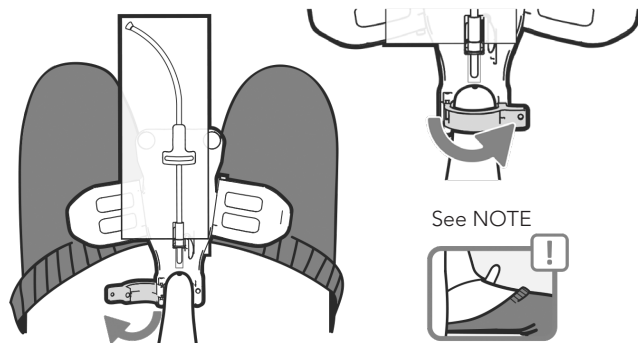
- 3 Place the board on the thighs.



- 4 Place the EZ-Gripper Introducer Tip base into the Housing Clip.



- 5 Seat the penis in the Cup and close the Lever.

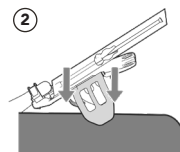


NOTE

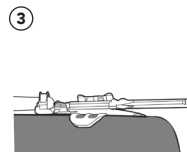
If performing catheterization while the penis is erect, first orient the board as shown below in figure 1 for steps 6-10. When the urine starts to flow (steps 10-12), flatten the board as shown below in figures 2-3.



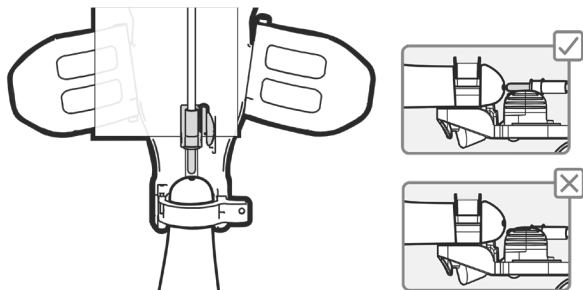
Steps 6-10



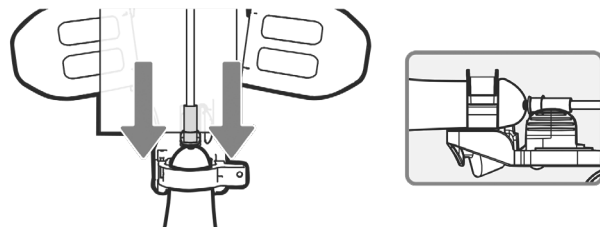
Steps 10-12



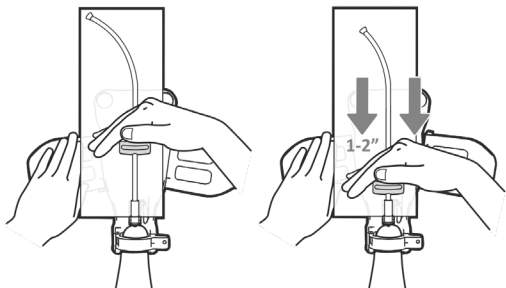
- 6 Ensure the catheter is aligned. See page 6 for adjustment instructions.



- 7 Slowly insert the catheter Introducer Tip into the penis.

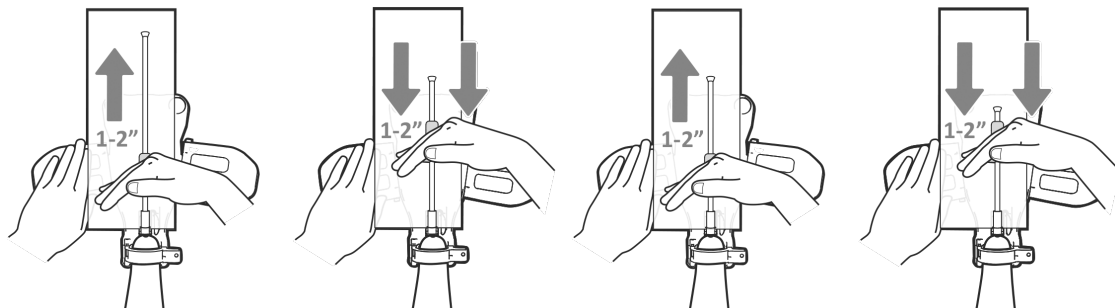


- 8 Gently advance the catheter into the urethra.

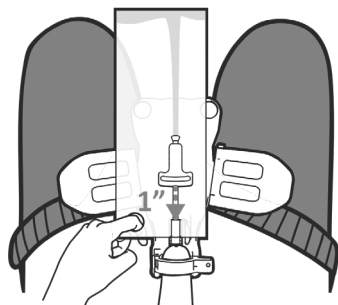


Continue the **STEP-BY-STEP INSTRUCTIONS** on the next page.

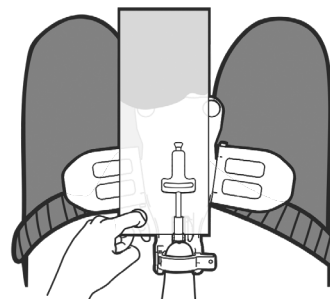
- 9 Continue advancing the catheter in 1" to 2" increments using the Gripper Handle (blue clip).



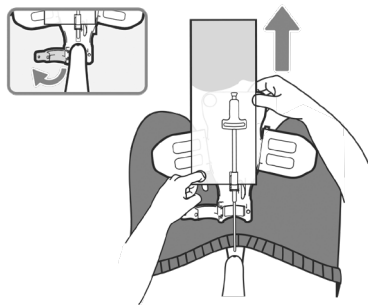
- 10 When urine starts to flow, advance the catheter 1" more to ensure complete drainage.



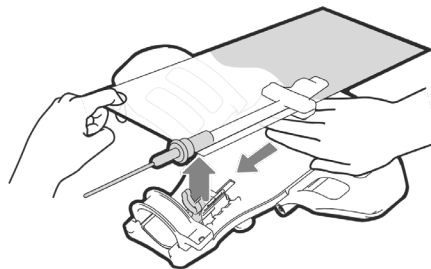
- 11 Hold onto the bag using the top thumbhole until urine drainage is complete.



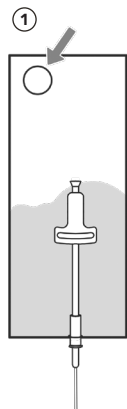
- 12 Open the Lever. While holding the bag, remove the catheter from the body.



- 13 Remove the catheter from the board by releasing the Introducer Tip base from the Housing Clip.

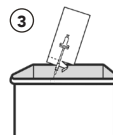
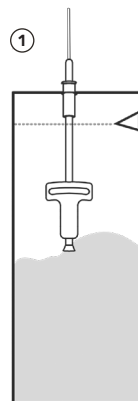


- 14 Dispose of the urine in a toilet or other appropriate waste container.



1. Hold the bottom thumbhole located at the bottom of the bag.
2. Flip and dispose of the urine using the catheter to drain.
3. Dispose of the catheter.

OR



1. Tear or cut the bag.
2. Dispose of the urine.
3. Dispose of the catheter.



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